

Dizziness

It is hard to define dizziness, since feeling dizzy is such a subjective experience. Some people describe it as a sensation of light-headedness or feeling faint, while others say it feels like they are suddenly unsteady (as if the floor is moving beneath their feet). A wide range of conditions and diseases can cause dizziness.

Health Insite:

[Dizziness](https://www.healthdirect.gov.au/dizziness) (<https://www.healthdirect.gov.au/dizziness>)