Respite Care

There are a number of programs which support and assist carers. There are services for carers of people with a mental illness, for carers of people with a disability, for carers of people with a terminal illness and for carers of older people and those with dementia.

Planned respite gives carers a break and provides them with opportunities to pursue other activities and interests. Respite care can be provided in an emergency - for example, if the carer will be away unexpectedly. It can also be planned at regular intervals, provided in the home, and even give a carer a longer break.

Health direct topics: